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- Process for determining ranking before the semi-final and final games.

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- Current regulations



Document Name:	Provincial Champions
Document Number:	F1.30
Document Revision:	-
Effective Date:	2021-Jul-19
Document Status:	Approved

## 1.0 Regulation

Provincial Champions - decided at a Female Provincial Championship Weekend hosted by HNSFC.

## 2.0 Policy

HNSFC will host a Provincial style tournament at the conclusion of each season for Representative teams only.

- The Tournament will begin on Thursday and run through until its completion on Sunday.
- The top 4 teams after Provincial Playdowns will qualify for the Provincial Tournament.
- These teams will play a round robin style format to determine who will play for the Provincial championship.
- HNS will provide Medals (Gold and Silver), Championship Banner and Plaque.
- HNSFC will set the date for the Provincial Championship weekend. This date will be communicated by October 31 of each season.



Document Name:	Game Protocol
Document Number:	F2.11
Document Revision:	-
Effective Date:	2021-Jul-19
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## 1.0 Regulation

In all divisions of Female hockey, except for Major U18 Major AAA, the playing time of games shall not exceed 45 minutes.

## 2.0 Policy

### Representative:

- 3 x 15 Minute stop-time periods
- The home association must book ice to provide enough time to complete the game

### Recreational:

- At a minimum three periods consisting of 10, 10, and 12 minutes stop-time must be used
- The home association must book ice to provide enough time to complete the game

### Game Timeline:

- A three-minute warm-up starts as soon as the Zamboni doors close. When the ice clock starts, teams should be ready and waiting to go on the ice.
- Between periods the off-ice official should put 30 seconds on the time clock.
- When floods take place in between periods, teams need to be ready to go on the ice as soon as the Zamboni doors close.
- Officials are to be on the ice on time for the game start and after the flood.
- Hurry-up face-offs need to be enforced by the officials to keep the game flowing.
- Delay of game penalties could be enforced by the officials when teams are not ready when the game clock starts, delays for period starts and after the flood.
- If these changes do not help, the floods between periods may need to be eliminated.



Document Name:	Provincial Championships
Document Number:	F2.31
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## 1.0 Regulation

All HNS registered teams competing for provincial Championships must play in all scheduled pre-season, regular season, or playoff games unless otherwise approved by the HNSFC Regional Director or Conference Coordinator. Failure to comply may result in sanctions against the team.

## 2.0 Policy

- HNSFC will provide a female structure that will lead to the crowning of a Provincial Champion at its two highest levels of play for each Representative division. (EXCLUDING U18 where it will be the top three levels).
- HNSFC will be responsible for setting up the league structure for each Representative division. This will be established and communicated at the start of each season and will be based on the number of teams playing at each representative level.
- Under the direction of the appointed Regional Director, HNSFC will be responsible for scheduling all league games during this season.
- Hockey Nova Scotia Female Council will establish the number of games to be played each season.
- Hockey Nova Scotia Female Council will establish the end date of the season at the start of the season.
- Hockey Nova Scotia Female Council will approve the Provincial playdown format by November 15 each year:
  - Based on league standings OR playoff format.
- The top 4 teams at each level will qualify for the season-ending Provincial Tournament.
- HNSFC will have governing authority over all league games leading up to and including the Provincial Tournament.

#### **F6.4. General Affiliation Regulations for Female Hockey as defined in F6.2 above are applicable.**

1. Movement of players is restricted as follows:

##### **AFFILIATION (FEMALE)**

- Major U18 Female from U18 AA, U18A, U15 AAA
- U18 AA from U18 A, U15 AA
- U18 A from U15 A
- U15 AAA from U15 AA, U13 AAA
- U15 AA from U13AA, U15A
- U15 A from U13A
- U15 C from U13 C
- U13 AAA from U13 AA, U13A
- U13 AA from U13A, U13C, U11AA
- U13 A from U11A
- U13 C from U11 C
- U11 AA from U11 A
- U11 A from U11 C
- U11 C As approved by HNSFC

*\* Teams cannot pull affiliates from a higher-level team in a division below.*

*\* Due to the mixed nature of some C teams, affiliation must be age appropriate.*

*\* In Associations where multiple levels do not exist for affiliation teams may, with Female Council approval affiliate from the next team available, regardless of level, without skipping a division.*

*• i.e., U15 AA may affiliate from U13 AAA where U13AA does not exist*

2. At no time may a player skip a division for the purpose of affiliation

3. Only players registered on a Team Registration form, and approved by the Regional Director, may advance to a team of a higher division or level for the purpose of affiliation.

4. Higher Division/Category Female Teams must attain consent from the lower Division/Category team prior to using an affiliate player. Failure to comply may result in suspension of the offending team's Head Coach.

5. A **maximum of three** affiliates may be used by one team within one game.

6. Female teams may use players from any combination of teams allowed within their club system affiliation. **PURPOSE:** To provide an opportunity for higher Division or Level teams to dress the maximum number of players allowable for a game in accordance with the playing rules. Affiliated players are to replace rostered team players who are sick, injured, suspended or away from the team and not to be used to increase a roster size.

7. Players registered with Female hockey are not permitted to affiliate to HCAS.



Document Name:	Overtime Format
Document Number:	F23.8
Document Revision:	1
Effective Date:	2022-Mar-30
Document Status:	Approved

## 1.0 Regulation

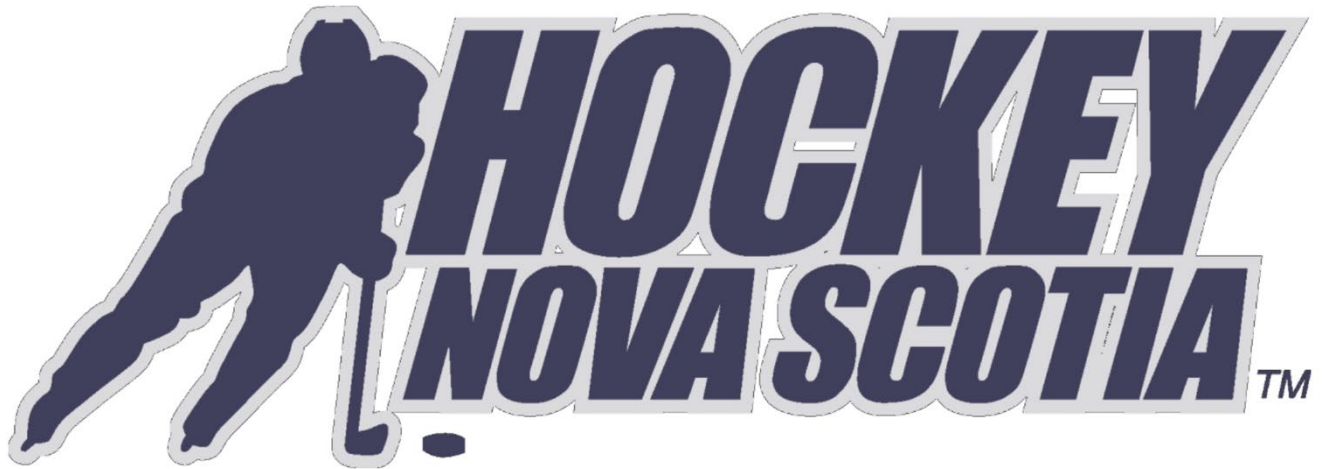
IN PROVINCIAL PLAYOFF OR CHAMPIONSHIP GAMES WHERE A WINNER MUST BE DECLARED, THE FOLLOWING OVERTIME FORMAT MUST BE FOLLOWED.

## 2.0 Policy

Teams DO NOT change ends after regulation play has been completed.

1. OVERTIME PERIOD ONE: Should a game end in a tie at the end of regulation play, there will be one, five (5)-minute, stop-time, four-on-four, sudden victory period. There will be a two (2)-minute break at the conclusion of regulation play.
2. OVERTIME PERIOD TWO: Should a game end in a tie at the end of the first overtime period, there will be one, five (5)-minute, stop-time, three-on-three, sudden victory period. There will be a two (2)-minute break at the conclusion of the first overtime.
3. SHOOTOUT: Should a game remain tied after overtime, there will be a three-player shootout, with the home team shooting first. Each team selects their own three shooters. If a player is serving any penalty at the end of the overtime, they are NOT eligible to participate in the shootout and must remain in the penalty box.
  - a. If still tied after the first three rounds, teams will commence a sudden victory shoot-out. Both teams will have the opportunity to shoot. The team that scores first when the other team does not score, will be declared the winner.
  - b. The shootout continues one (1) player at a time per team, moving through the roster.
  - c. After eleven (11) players on each team (including the original three shooters) have shot, teams may then use a shooter again, continuing one (1) player at a time per team.

Each team will have an equal number of chances to shoot before a winner is declared.



## **FEMALE PROVINCIAL PLAYOFF QUALIFICATIONS**

July 2021 Rev -

- Regulation F22
- Regulation F2.15
- Regulation F2.16
- Policy F23.8

## REGULATION TWENTY-TWO - FEMALE PROVINCIAL PLAYOFF QUALIFICATIONS

- F22.1. In order to compete in the Female Provincial Championship tournament or in any HNS female playoffs, a team must adhere to HNS Regulation F2.15.
- F22.2. Female teams must adhere to game play rules as identified in HNS Regulation F2.16.
- F22.3. HNS Female Council (HNSFC) will be responsible for the playoff structure leading to Provincial Championships in all divisions. The structure will be posted by November 15 each season.
- F22.4. The top 4 teams in each representative level will qualify for the Female Provincial Championship Tournament at the conclusion of the Playoff round.
- F22.5. A minimum of 11 skaters and 1 goaltender in uniform on the ice and/or players bench, on each team shall be necessary for the start of any provincial playoff game. Any team dressing fewer than 11 skaters and 1 goaltender will forfeit the game.
- F22.6. Associations are to ensure that a copy of the HNS Rules and Regulations are present at the timekeepers' bench for all playoff games.
- F22.7. Female players who have participated in a minimum of 10 pre-season, regular season or scheduled exhibition/tournament games shall be permitted to compete in provincial playoff games.
- a. Players who are added after the team tryout process is completed and are returning from preparatory schools must have participated in 70% of their team's scheduled regular season games to compete in provincial playoff games as a player or to be used as an affiliate.
- F22.8. In all HNS playoffs any team found to be playing with illegal players will forfeit the game to the non-offending team. The coach or team official will be under indefinite suspension, until dealt with by the HNSFC Executive.
- F22.9. Oversight of the schedule shall be the responsibility of the Regional Director in charge of scheduling. ([POLICY](#))
- F22.10. Games shall consist of three, 15-minute stop time periods, with ice resurfacing between the second and third periods according to the Game Protocol Policy. All playoff games must be played to completion.
- F22.11. One 30 second time out per team will be permitted in each HNS Playoff game including overtime.
- F22.12. IN PROVINCIAL PLAYOFF GAMES WHERE A WINNER MUST BE DECLARED THE F23.8 FEMALE COUNCIL OVERTIME FORMAT POLICY MUST BE FOLLOWED.**
- F22.13. The host Association must supply minor officials, including score and timekeepers (no goal judges).
- F22.14. HNSFC will establish a playoff format leading to the Female Provincial Championship event. This format will be posted to [novascotiafemalehockey.ca](http://novascotiafemalehockey.ca) and [hockeynovascotia.ca](http://hockeynovascotia.ca) by December 1.
- F2.15. If female players are available, representative teams must accept a minimum of fifteen (15) skaters and two (2) goaltenders. Any exception must be processed through the Regional Director to the Female Council for consideration.
- F2.16. Any team which fails to compete in any scheduled pre-season, regular season, or playoff game shall have the Head Coach suspended by Hockey Nova Scotia. The offending team will be responsible to cover the costs for ice and officials for any missed games.





Document Name: Tie Breaking Format  
Document Number:  
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## 1) Two Teams Tied

If two or more teams are tied at the conclusion of a round robin series, then the following procedure will be used to determine the final ranking before the semi-final and final games are played.

In the event that teams are tied for a playoff position, the following procedure will apply:

### 1) If two teams are tied:

- a) The winner of the round robin game between the two tied teams gains the higher position.
- b) The team with the most wins in the round robin gains the higher position.
- c) If the two teams are still tied after 1)a and 1)b have been applied, then the team with the best goal average gains the higher position. The goal average of a team is to be determined in the following manner:

Total number of goals for divided by the total number of goals for and against.

NOTE: All round robin games are included.

Example: For = 10 goals Against = 4 goals

Therefore Goal Average Percentage = 10 (Goals For) divided by 10+4 (Goals For plus Goals Against) = .714

NOTE: The higher percentage gains the higher position

- d) If the two teams are still tied after 1)a, 1)b, and 1)c have been applied, the team with the least number of minutes in penalties throughout all of the round robin games, gains the higher position.
- e) If the two teams are still tied after 1) a., 1) b., 1) c., and 1) d. have been applied, then the team which scored the first goal in the game between the tied teams gains the higher position.



f) If the two teams are still tied after 1)a, 1)b, 1)c, 1)d, and 1)e have been applied, a single coin toss will determine which team gains the higher position.

## 2) Three or More Teams Tied

Note: The three-team tiebreaker is used to determine the seeding of the 1st, 2nd, 3rd seed. If any step in the tiebreaker only seeds one team, that team assumes that position. The three-team tiebreaker will continue to determine the seeding of the two remaining teams. At no time will teams using this formula go back to the two-team tiebreaker

1) If three teams or more are tied, the head to head record between tied teams will determine who advances. If the tied teams have not all played each other, proceed to 2a.

a) The team with the most wins would gain the highest position.

b) If teams are still tied after 2) a. has been applied, then the team with the best goal average gains the highest position. The goal average of a team is to be determined in the following manner: total number of goals for divided by total number of goals for and against.

NOTE: All round robin games are included

Example: For = 10 goals Against = 4 goals

Therefore, Goal Average Percentage =  $10 \text{ (Goals For) divided by } 10+4 \text{ (Goals For plus Goals Against) = } .714$

NOTE: The highest percentage gains the highest position(s). The exercise of 2)b establishes the team or teams with the highest position(s) by percentage. These teams will advance. If there are still teams tied, they go to the next step. They do not go back to the “Two Team Tiebreaker”.  
Example;

- i) Team A - .714 = 1 seed - Advances. Team B - .500 = 3 seed Does not advance. Team C - .650 = 2 seed - Advances.
- ii) Team A - .714 = 1 seed - Advances. Team B - .500 = Still tied with team C - go to next step 2) c. Team C - .500 = Still tied with team B - go to next step 2) c.



- iii) Team A -. 650 = Still tied with team B - go to next step 2) c.  
Team B - .650 = Still tied with team A - go to next step 2) c.  
Team C .500 = Does not advance.

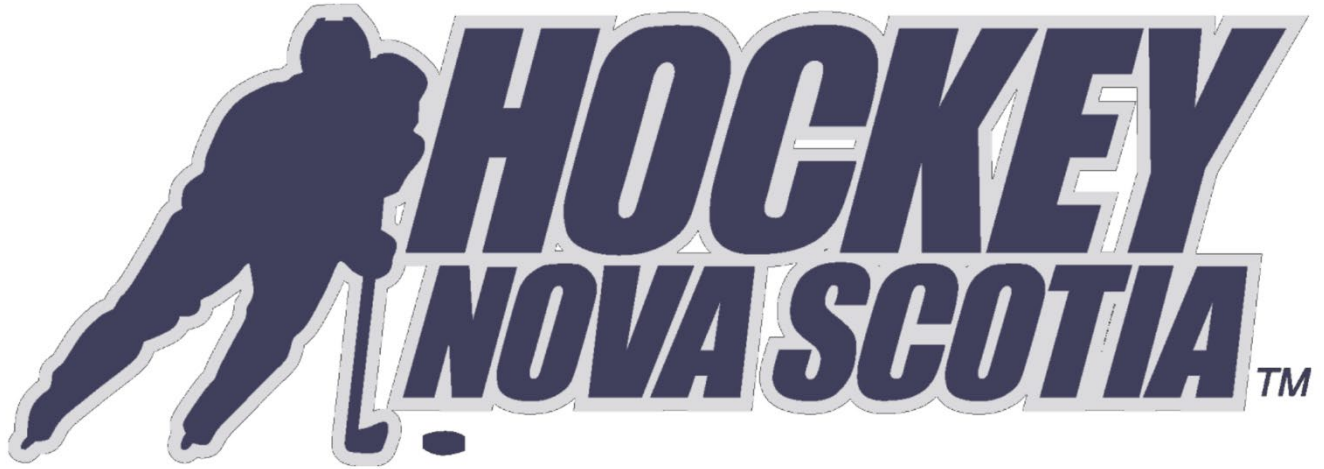
c) If teams are still tied after 2) a, and 2)

b) the team with the fewest goals against (all round robin games played) will gain the highest position.

d) If teams are still tied after 2) a, 2) b, and 2) c, the team with the most goals for (all round robin games played) will gain the highest position.

e) If teams are still tied after 2) a, 2) b, 2) c, and 2) d, have been applied, the team to qualify would be the team that received the least number of minutes in penalties throughout all the round robin games.

f) If teams are still tied after 2) a, 2) b, 2) c, 2) d, and 2) e, have been applied, a coin toss shall determine the winner. In a three-team coin toss, the odd team gains the highest position.



## **HOCKEY NOVA SCOTIA FEMALE REGULATIONS**

July 2021 Rev -

## HOCKEY NOVA SCOTIA - OFFICIAL DATES

Start of Season	<b>September 1</b>	Regulation: F1.20
Pre-Season	<b>September 1</b>	Regulation: F1.23
Regular Season	<b>October 15</b>	Regulation: F1.24
Female Provincial Championships Date to be set	<b>October 31</b>	Policy: F1.30
Team registration deadline	<b>October 15</b>	Regulation: F1.23 & F5.6
U7 & U9 Team Registration Date	<b>October 31</b>	Regulation F5.6
Team staff submission deadline	<b>October 15</b>	Regulation: F5.6
U7 & U9 Team staff submission deadline	<b>November 15</b>	Regulations: F1.23 & F11.10
Provincial playdown format	<b>November 15</b>	Policy: F2.32
Female U9 teams in MHAs request to join a Female league	<b>November 15</b>	Policy F2.23
U9 half ice / cross ice games allowed	<b>December 1</b>	Regulation: F19.4
U9 Full Ice Scrimmages Allowed	<b>February 15</b>	Regulation: F19.4
Team classifications by Female Council	<b>December</b>	Regulation: F3.5
Team staff certifications deadline	<b>December 1</b>	Regulation: F11.9
Release Deadline to lower classification team	<b>December 1</b>	Regulation: F3.6
Playoff format	<b>December 1</b>	Regulation: F22.14
Player Deadline to be added to team	<b>January 10</b>	Regulation: F5.3
Player Deadline to be added to team - when transferring from another Branch	<b>February 10</b>	Regulation: F5.5
Deadline for player registration	<b>February 10</b>	Regulation: F5.8
Deadline for competitive team roster changes	<b>February 10</b>	Regulation: F5.8
End of season	<b>April 30</b>	Regulation: F1.20
Maritime Major U18 Female League AGM deadline	<b>June 30</b>	Regulation: F2.4

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## REGULATION ONE - DEFINITIONS

- F1.1. For the purpose of all Hockey Nova Scotia Regulations, unless otherwise defined in a specific regulation, the definitions of the words, terms and expressions contained in Hockey Canada Regulations shall apply.
- F1.2. HC - Hockey Canada
- F1.3. HNS - Hockey Nova Scotia
- F1.4. HNSFC - Hockey Nova Scotia Female Council  
1. FC - Female Council
- F1.5. HNSMC - Hockey Nova Scotia Minor Council
- F1.6. Branch - Refers to Hockey Nova Scotia
- F1.7. FHA - Female Hockey Association  
1. FREC - Female Regional Executive Committee as approved by Hockey Nova Scotia.
- F1.8. Association - Refers to a Female Hockey Association or a Female Regional Executive Committee.
- F1.9. "Club" - is a local Female Hockey Association or Female Regional Executive Committee operated and controlled by a duly elected Board of Directors, the members of which shall designate from among themselves the signing officers for that club [HC Regulation I 1.f](#)
- F1.10. Players - Means goaltenders and skaters.
- F1.11. Goaltender(s)/Goalkeeper(s) - means all players other than skaters.
- F1.12. Skaters - Means all players other than goaltenders.
- F1.13. Affiliate Player (AP) - refers to those players from club teams, affiliated teams, or specially affiliated players when such player(s) are participating with a higher Division/Category team.
- F1.14. High School Player - A player registered in a public or private high school having played at least one regular scheduled high school game in the current school season.
- F1.15. All Stars - Means a selection of exceptional players registered with various teams from a common league, association, Branch, Region or the Nation-at-Large, grouped together for a specific competition.
- F1.16. Female Hockey Player - A Female hockey player shall be a player whose date of birth falls within the age limits (for the various divisions of Female hockey) approved by Hockey Canada.
- F1.17. Female Hockey Bench Staff - Female Hockey Bench staff shall be defined as one (1) Head Coach, one (1) trainer and assistant coaches up to a maximum number of bench staff (5) permitted on the bench. A minimum of two (2) certified bench staff must be on the bench to start any game.
- F1.18. New Coach - Someone who is assisting on the ice and/or the bench that has not been registered with Hockey Canada at any time previous.
- F1.19. Certification - Refers to Bench Staff/Team Official requirements as per [HNS Female Regulation Eleven](#).

- F1.20. Female Hockey Season - Hockey Nova Scotia does not support and will not sanction any hockey activities between May 1 and August 31 of any year, unless Hockey Canada or its Branches sponsor these activities. The normal HNS season shall be interpreted to be from September 1 to April 30, during which all Hockey Canada and Hockey Nova Scotia rules must be adhered to.
- F1.21. Meaningful Games - Are regularly scheduled games, sanctioned tournament games, pre-season games and pre-approved exhibition games verified on the Hockey Canada Registry (HCR) by the Regional Director or their designate. HNSFC games that are added to the schedule after a suspension has occurred, will not count as meaningful games. A game must take place in order to count towards a suspension.
- F1.22. Exhibition Game - A game that is not part of the pre-season, regular season, tournament, or play-off schedule.
1. Pre-Approved Exhibition Game - a game request entered in the Hockey Canada Registry (HCR) prior to a player suspension.
- F1.23. Pre-Season - That time period prior to October 15 of the current season when Female Hockey Association or Female Regional Executive Committee teams are permitted to play exhibition games and must request a travel exhibition permit from their Regional Director. It is the responsibility of the FHA President or FREC Chair to ensure all players are properly registered with their Association during the pre-season. This date is to be November 15 for U7 and U9.
- F1.24. Regular Season - The approved Regular Hockey Season for league games. By October 15 annually all Female teams from U11 to U18 must register and receive approval from the Regional Director prior to participation in regular season games.
- F1.25. Division - Age group in which a player is registered
- F1.26. Levels - The separation of the players within a division
- F1.27. Game - A meeting of two teams playing for a specific length of time for the purpose of declaring a winner through the scoring of goals.
- F1.28. League game. - Scheduled by the HNSFC Scheduling committee and is one of the total predetermined games the defines the regular season.
- F1.29. Playoff game - A hockey game or series of games that are used to declare the winner of a league, Regional, Conference or Female Provincial Championship.
- F1.30. Provincial Champions - Decided at a Female Provincial Championship Weekend hosted by HNSFC. ([POLICY](#))
- F1.31. Playoffs and Provincial Championships are governed by Hockey Nova Scotia and are under the jurisdiction of Female Council.
- F1.32. Tournament - A schedule of games played among three (3) or more teams, which follows an inter-locking schedule and leads to an eventual winner.
- F1.33. Representative - Competitive teams registered and classified under regulations defined herein, eligible for Provincial Championships and for the purposes of affiliating players. ([POLICY](#))
- F1.34. Recreational - Defined as a community oriented Female hockey program structured to provide development and competition at the recreational level. Recreational/Non-Competitive teams are not eligible for Provincial Championships. ([POLICY](#))



- F1.35. Sledge Hockey - Is an innovative team sport that incorporates the same rules and discipline structure as ice hockey. Players sit on specially designed sleds, or sledges, with skate blades under the seat. Two sticks are used to not only pass, stick handle and shoot the puck, but also to propel and maneuver the sledges.
- F1.36. Release - Means the unconditional discharge of a player from a team or Association, except where defined herein.
- F1.37. Quorum - The number of members of a group or organization required to be present to transact business legally, usually a majority.
- F1.38. Hockey Teams are a group of players comprised of:
1. A maximum of 17 skaters and 2 goalkeepers.
    - a. If only one goalkeeper is dressed, the maximum is 17 skaters and 1 goalkeeper.
  2. For Major U18 teams a maximum of 18 skaters and 2 goalkeepers.
    - a. If only one goalkeeper is dressed, the maximum is 18 skaters and 1 goalkeeper.
  3. For teams in an Association that have a maximum of 23 players or less in a Division, permission may be granted by the Regional Director to register all 23 or less players to one roster, [maximum of 21 skaters and two goaltenders]. For any given game, a team may only dress a maximum of 17 skaters and 2 goalkeepers.
    - a. For Major U18 teams a team may dress a maximum of 18 skaters and 2 goalkeepers.
  4. For U7 teams refer to [HNS Female Regulation 18](#)
  5. For U9 teams refer to [HNS Female Regulation 19](#)
- F1.39. Hockey Canada Accredited School (HCAS) - An entity that provides an education first hockey program to students within grades 8 - 12 in the divisions of female hockey.

## REGULATION TWO - COMPETITION

- F2.1. The By-Laws, Regulations and Playing Rules of HNS along with those of Hockey Canada govern competition within HNS.
- F2.2. The normal Hockey Nova Scotia season shall be interpreted to be from September 1 to April 30 of the calendar year during which all Hockey Canada and Hockey Nova Scotia rules must be adhered to.
- F2.3. The playing rules of the game shall be the standing rules of Hockey Canada. For the purpose of these regulations, a league must consist of three (3) or more registered teams playing a minimum of 6 home games and 6 away games.
- F2.4. The Maritime Major U18 Female League must hold its Annual Meeting no later than June 30 in each year.
- F2.5. Any Female team wishing to participate in exhibition games with member teams must first make application to the appropriate Regional Director stating when, where and against whom they wish to compete.
- F2.6. All sanctioned games played by members and the qualifications of all players competing in such games as members of the teams shall conform with the Bylaws and the rules of competition as adopted by Hockey Nova Scotia.
- F2.7. All league winners must be declared in time to meet Hockey Nova Scotia's Playoff dates. Any league that fails to declare its league winner in time to meet the playoff dates set by the Association forfeits its right to be eligible for playoffs and is liable for suspension.

- F2.8. Any Major U18 Female and U15 AAA Female teams wishing to compete in Atlantic Regional playoffs must comply with applicable dates as established by Hockey Canada.
- F2.9. Hockey Nova Scotia must declare its final league winner in time to allow winners to engage in inter-branch competition.
- F2.10. To be eligible for Provincial Championships and Conference play downs, Female teams and players who are registered at the start of the season must play 10 pre-season, regular season or scheduled exhibition/tournament games. The games that will be considered eligible towards Provincial play downs will be at the discretion of Female Council.
- F2.11. In all divisions of Female, except for Major U18 Female, the playing time of games shall not exceed 45 minutes. ([POLICY](#))
- F2.12. Timeouts are only permitted in playoffs and the Provincial Championship Tournaments.
- F2.13. Teams competing in National or Regional Events must consist of a minimum of 17 players, two of whom must be goaltenders.
- F2.14. To start a game, teams require a minimum of 12 players, one of whom must be a goaltender.
- F2.15. If female players are available, representative teams must accept a minimum of fifteen (15) skaters and two (2) goaltenders. Any exception must be processed through the Regional Director to the Female Council for consideration.
- F2.16. Any team which fails to compete in any scheduled pre-season, regular season, or playoff game shall have the Head Coach suspended by Hockey Nova Scotia. The offending team will be responsible to cover the costs for ice and officials for any missed games.
- F2.17. Games sanctioned by Hockey Nova Scotia must involve only teams and players registered with Hockey Nova Scotia or with a Branch of Hockey Canada or teams outside Canada, which have been approved by Hockey Canada for competition. Games with non-association teams or non-Hockey Canada teams are not sanctioned and all medical and liability insurance is void.
- F2.18. All Female teams should strive to achieve a practice to game ratio of two practices for each game played, but in all cases the number of games must not exceed the number of practices.
- F2.19. The maximum number of games to be played by division shall be as follows:
- U9 Development - Maximum 30 Half ice game
  - U9 Intermediate - Maximum 30 Half ice games
  - U9 Advancing - Maximum 30 Half ice games
  - U11 Maximum 45 games
  - U13 Maximum 60 games
  - U15 Maximum 65 games
  - U18 Maximum 65 games
- Games noted above are defined as all exhibition, pre-season, regular season, and tournament games. A tournament would count as three games. The above cap would include all hockey games except for Regional, Conference, League, and Provincial Playoff games.
- F2.20. The movement of female players from their age-appropriate division will only be permitted with the approval of Hockey Nova Scotia Female Council ([POLICY](#))

- F2.21. Female players choosing to play female hockey must attend the female tryout process from the beginning and will not be permitted to be part of both a minor tryout process and female tryout process at the same time.
- a. Exception - Female players who try out for Major U18 Female will be permitted to be part of the Association female tryout process. ([POLICY](#))
- F2.22. Players playing female hockey on teams or in programs comprised of all female players must be registered with an approved Female Hockey Association or Female Regional Executive Committee. ([POLICY](#))
- F2.23. In Female hockey, the teams must declare their intent by October 15 to compete in Provincial Championships.
- F2.24. Female players may try out for one U11 AA, U13 AAA, U15 AAA, or U18 AA team per year. A second U11 AA, U13 AAA, U15 AAA, or U18 AA tryout may be allowed, only where players are required, with permission of their home Association, the Regional Director, and the Female Council Executive.  
Player placement when leaving their home Association will be solely at the discretion of the Female Council Executive.
- F2.25. Hockey Nova Scotia emphatically endorses [HC Rule 3.6\(b\)](#): While on the ice, all players, including goalkeepers, shall wear a CSA approved hockey helmet with a Hockey Canada approved facial protector must be securely attached and not altered in any way. Any alteration to a CSA approved helmet or facial protector automatically destroys the certification. The chin strap of the helmet shall be properly fastened under the chin. The straps of the facial protector shall also be properly fastened to the hockey helmet. Further, all coaches and assistants shall wear CSA approved hockey helmets at all times while on the ice.
- F2.26. First Aid services should be available, whenever possible, at arenas during all Female tournaments, including Provincial, Atlantic and National Championship Tournaments.
- F2.27. For Representative leagues, Hockey Nova Scotia will provide League Championship banners to the top team in each level. A plaque and banner will be presented to the teams winning a Provincial Championship.
- F2.28. For Recreational teams the Association(s) will provide League Championship banners to the top team in each level.
- F2.29. Female players who are playing High School hockey shall be permitted to register in Female Hockey.
- F2.30. Female players who are playing hockey with a Hockey Canada Accredited Schools (HCAS) shall not be permitted to register in Female Hockey. ([POLICY](#))
- F2.31. All HNS registered teams competing for provincial Championships must play in all scheduled pre-season, regular season, or playoff games unless otherwise approved by the HNSFC Regional Director or Conference Coordinator. Failure to comply may result in sanctions against the team. ([POLICY](#))
- F2.32. Hockey Nova Scotia promotes fair play and sportsmanship at all levels of competition, therefore at the conclusion of each game, unless otherwise directed by the referee, all players and coaches are to shake hands.
- F2.33. Teams are only permitted to play against other teams registered at the same division and level.

## REGULATION THREE - CLASSIFICATION

- F3.1. A player's age is determined for the current season by the player's age on December 31 of the current season. Players must be four years of age prior to January 1 of the current season in order to register with HNS. Players shall not have reached the higher nominal age for the division in which they are registered before January 1 of the current playing year.
- F3.2. The Hockey Nova Scotia Female Council shall have sole discretion in classifying teams under its jurisdiction in accordance with Hockey Canada Regulations. Such determination shall be made in December of the playing year. The following divisions and categories shall normally be recognized:
- Major U18, U18 AA, A, C Female: Open to players of nominal ages 15-17
  - U15 AAA, AA, C Female: Open to players of nominal ages 13-14
  - U13 AAA, AA, C Female: Open to players of nominal ages 11-12
  - U11 AA, A, C Female: Open to players of nominal ages 9-10
  - U9 Female: Open to players of nominal ages 7-8
  - U7 Female: Open to players of nominal ages 4-6
- F3.3. The number of representative players registered by an Association within a division will determine the number of teams at each level at the start of each season ([POLICY](#)) If an FHA President or FREC Chair makes a request to their HNSFC Regional Director at the start of the season to play at the highest level without meeting the required numbers, it may be permitted with discretion of the Female Council.
- F3.4. A Female association may register more than one team in the same classification within a division. These teams must be made up of players balanced on skill, ability, and of mixed ages within the division.
- F3.5. The final placement of teams into classifications is the responsibility of the Female Council and should reflect the teams' demonstrated ability to compete at the assigned level of competition. Placements will take place by December of each year.
- F3.6. Players may not be released to a lower classification team, except under Hockey Canada transfer rules, after December 1 of the playing year.

## REGULATION FOUR - RESIDENCY

- F4.1. It shall be the obligation/responsibility of Hockey Nova Scotia under the authority of Hockey Canada, in its sole and unfettered discretion, to implement residency registration regulations for the formation of teams within its boundaries. The residency regulation must allow for increased movement of players as the age of the player increases.
- F4.2. Female hockey players must play in the Branch where their parent(s)/court appointed guardian(s) reside.
- F4.3. Residence is established by the following criteria:
1. The parents' usual residence when the parents live in the same house, or if one of the parents is deceased, the usual residence of the surviving parent.
  2. In cases where parents do not live in the same residence, the legal residence is the usual residence of the parent having legal custody of the player; or if both parents have legal custody, the usual residence of the parent with whom the player usually lives; or again, if the player lives equally with both parents, their place of residence shall be determined by HNS.

3. When legal custody has been granted to a third person, residency is the usual residence of that person

NOTE: The term "usual residence" is defined as four (4) out of seven (7) days.

NOTE: In the application of the above, the term "legal custody" and/or "legal guardian" refers to the granting of custody as determined by a court of law in one of the following circumstances:

- a. The application of the Divorce Act,
- b. In the case of an order enforcing or recognizing a legal separation agreement,
- c. loss of parental authority,
- d. when it is deemed the child's development is compromised,
- e. when both (2) parents are deceased,
- f. married or the equivalent of married.

- F4.4. The eligibility of a player who moves without parent(s) and establishes a continuous habitual residence with someone other than their parent(s) as defined in [HC Regulation C](#), shall be determined by Hockey Nova Scotia based on:
1. Where the player's parent(s) reside,
  2. where the player goes to school; and
  3. the amount of time actually spent in alleged place of residence.
- F4.5. In the case of a player who establishes a residence, other than that as described in 4.3 above, for the purpose of attending a private or public school, the player will be eligible to play at the highest level as it applies to U11, U13, U15, U18.
- F4.6. Hockey Nova Scotia, in its sole and unfettered discretion under powers invested in [HC By-Law 12](#) may on application to Hockey Nova Scotia made by or on behalf of any player:
1. deem such player to be resident in a place within Hockey Nova Scotia other than that where their parent is resident and Hockey Nova Scotia's decision in this regard shall be final and binding.
  2. deem a non-Canadian Citizen to be a resident in Hockey Nova Scotia provided that the player is in strict accordance with [HC Regulations H.1, H.2, and H.3](#)
- F4.7. Any player who is in doubt regarding their residential status and whether they are permitted to compete in sanctioned games may request in writing a definite ruling of their status from their Regional Director. This also applies to a Female Hockey Association, or Female Regional Executive Committee, contesting the residence of a player. If the player, Female Hockey Association, or Female Regional Executive Committee does not agree with the decision of the Regional Director, a request to review may be made through the Conference Coordinator to the Female Council Executive.

Once the teams have been classified for Provincial Playoffs, no ruling or appeal of a ruling can be made regarding the residence of a player.

- F4.8. If 19 players or fewer have been registered in a division of hockey within their Female Hockey Association, or Female Regional Executive Committee, and there are not enough players to form two (2) teams, the players who do not make the team can, with the approval of the Regional Directors, move to a Female Hockey Association, or Female Regional Executive Committee, that is offering the same level of hockey. Any player wishing to move from one region to another must be recommended by the Regional Director to the Female Council Executive. The recommendation must have the approval of both Regional Directors involved.
- F4.9. In the event a Female player moves during the season and establishes a legitimate habitual residence in another regional boundary prior to January 10th in any year, then such player may:
1. Continue to play with their current team for the remainder of that season only,
  2. play with a team for which she is eligible by reason of their new residence, with written approval from the Regional Director.
- F4.10. The onus of proof to establish habitual residence rests entirely with the player/parent. Documentation from the player's school would serve as proof of residence. (NS Power/Phone Bills Excluded)
- F4.11. A player who is absent from home, is registered and in attendance at a Residential School where at least 75% of the students reside away from the home of the parent, may at their discretion play for a Female Hockey team where their home is situated or with a team where the school is located.
- The player must signify their decision in writing to Hockey Nova Scotia's Executive Director at the time of player registration. Should they choose to play for a team where the school is located, the player will be eligible to play at the highest level as it applies to U11, U13, and U15, U18.
- F4.12. Situations enabling players to compete on a team in an Association other than that for which they qualify under residential regulations, are exceptions and will not be permitted unless the proper process is followed, and written approvals are granted.
- F4.13. Female Council has the right, in its discretion to refuse player movement from one Association to another within Hockey Nova Scotia, even when authorization has been obtained from the home Association.

Where a release is required under Hockey Canada regulations for a Female Hockey Age player from an Association or Major U18 Female team for the purpose of an Inter-Branch transfer, such release must be attained through application to the Hockey Canada Registry and approved by the Executive Director or their designate.

## REGULATION FIVE - REGISTRATION

- F5.1. All players and Team Officials must annually register with the HNS by submitting the appropriate forms and remitting the required registration to their Regional Director, League or HNS office. All insurance and registration fees must be remitted to the HNS office within the required time frames.

"Registration" or "Registered" refers to the official acceptance by Hockey Nova Scotia, or designate, of a Hockey Canada Registration Certificate, Team Registration Form, Nominal List or data entered on the Hockey Canada Registry. All Female Hockey Associations must also have Director and Officer Insurance. (D&O Insurance).

- F5.2. Players registered as goaltenders on:
1. Representative teams may play only goal. Goaltenders must be clearly identified on the Hockey Canada Registry at U15 and U18.
  2. Recreational teams do not require goaltenders to be identified as such on the Hockey Canada Registry.
- F5.3. Female hockey players may only sign/register with one representative team unless released by the team first signed with, prior to January 10. Players signing with more than one team without a release could be suspended.
- F5.4. Players registered on Female Representative teams are also permitted to register, within the same Association, on one (1) Female Recreational team with the approval of the Regional Director.
- F5.5. Players previously registered in another Branch/Province must complete an Inter-Branch transfer prior to registering with a Female Hockey Association or Female Regional Executive Committee for the current season. Refer to [HC Regulation H](#) regarding transfers. A letter must be produced from the parent or guardian that verifies qualifications under Hockey Canada regulations that a player has moved with parents. Final date for processing Inter-Branch transfers is February 10. Reference [HNS Regulation F22.7](#) for playoff eligibility.
- F5.6. In Female Hockey all players and team officials in U11 AA, U13 AAA, U15 AAA, and U18 AA must be registered on rosters approved by the Regional Director prior to participating in any game prior to October 15.

The Registration date for all other divisions/teams, excluding U7 and U9, is October 31. The Registration date for U7 and U9 is November 15. The final date to register a team to be eligible for Female Provincial Championships is December 1, unless otherwise determined by HNSFC.

In all cases, rosters must be entered into the HCR before any league game takes place.

- F5.7. All Female Hockey Players are required to be listed on either Representative or Recreational rosters. Representative teams are identified in [HNS Regulation F1.30](#). Recreational teams cannot enter Provincial Championships.
- F5.8. The final date to register for a Representative female team shall be February 10 of the current season.
- F5.9. Female Council shall be responsible to the Hockey Nova Scotia Board of Directors for managing the affairs of all Female hockey activities (excluding Female players registered under Minor Hockey Council on the Hockey Canada Registry, wherein such responsibility shall be that of Hockey Nova Scotia) in accordance with Hockey Nova Scotia By-Laws, Rules and Policies approved by Hockey Nova Scotia
- F5.10. Female Hockey shall be comprised of Female Hockey Associations and Female Regional Executive Committees that conduct and supervise Female Hockey (excluding Female players registered under Minor Hockey Council on the Hockey Canada Registry) within their respective boundaries. No independent clubs or leagues will be accepted from towns, cities or areas having a local Female Hockey Association or Female Regional Executive Committees.

## REGULATION SIX - AFFILIATION

- F6.1. PURPOSE: To provide an opportunity for higher Division or category teams to dress the maximum number of players allowable for a game in accordance with the playing rules. Affiliated players are to replace rostered team players who are sick, injured, suspended or away from the team and are not to be used to increase a roster as approved in the HCR.
- F6.2. Female Teams will use the club system of affiliation:
1. A club system is defined as the movement of players within a Female Hockey Association or Female Regional Executive Committee. This movement shall only be to a team in a higher Division/category.
  2. A player of a team of a lower Division or level of the same club may affiliate to a team or teams of higher Divisions and levels at any time, to a maximum of ten (10) games per season. However, if the player's registered team completes its regular season and playoffs before the player's affiliated team or teams, the player may thereafter affiliate an unlimited number of times.  
  
Exhibition and tournament games, which are not part of pre-season, regular season, or play-off games, are excluded from the maximum of ten (10) games per season.  
  
Goaltender exceptions:
    - a. Goaltenders who affiliate but do not play will not have the game count against the maximum ten (10) restriction [HC Regulation F.15.e](#)
    - b. Goaltenders may be used as an affiliate, in exception to F6.2, and will only be permitted to play if the rostered goaltender is injured and cannot return to the ice or is ejected from the game. If they are not used in the game, it will not count against the maximum of ten (10) games per season.
  3. Affiliation is in place for the current playing season.
  4. Teams attending Atlantic or National events may affiliate players using the club system to get to the maximum number of players based on the event affiliation limits. Affiliate players must be from a lower division or category.
- F6.3. Recreational players are able to affiliate, with Regional Director approval, to the lowest level Representative team. Players must be age appropriate to the team to which they are affiliating.



F6.4. General Affiliation Regulations for Female Hockey as defined in F6.2 above are applicable.

1. Movement of players is restricted as follows:

<i>AFFILIATION (FEMALE)</i>	
<i>Major U18 Female</i>	U18 AA, A, U15 AAA
<i>U18 AA</i>	U18 A, U15 AA
<i>U18 A</i>	U15 AA
<i>U15 AAA</i>	U15 AA, U13 AAA
<i>U15 AA</i>	U13 AA
<i>U13 AAA</i>	U13 AA, U11 AA
<i>U13 AA</i>	U11 A
<i>U11 AA</i>	U11 A
<i>U11 A</i>	As approved by HNSFC

\* Teams cannot pull affiliates from a higher level team in a division below.

2. At no time may a player skip a division for the purpose of affiliation
3. Only players registered on a Team Registration form, and approved by the Regional Director, may advance to a team of a higher division or level for the purpose of affiliation.
4. Higher Division/Category Female Teams must attain consent from the lower Division/Category team prior to using an affiliate player. Failure to comply may result in suspension of the offending team's Head Coach.
5. A maximum of three affiliates may be used by one team within one game.
6. Female teams may use players from any combination of teams allowed within their club system affiliation. PURPOSE: To provide an opportunity for higher Division or Level teams to dress the maximum number of players allowable for a game in accordance with the playing rules. Affiliated players are to replace rostered team players who are sick, injured, suspended or away from the team and not to be used to increase a roster size.
7. Players registered with Female hockey are not permitted to affiliate to HCAS.

## REGULATION SEVEN - PERMITS

- F7.1. Travel permits are required by any team wishing to play outside their Region.
- F7.2. Exhibition Permits are required by any team hosting a game that is not part of a league schedule
- F7.3. Permits for travel within Canada are requested online and are reviewed and processed by the Regional Director Online. Please refer to the HNS website for the new Online Travel Permit Policy and instructions to set up a Hockey Canada Registry (HCR) account.
- F7.4. Permits for travel to the United States are obtained from the Branch through the HNS Executive Director. Application should be made two months in advance.

- F7.5. Permits for overseas travel are obtained from Hockey Canada by application through the HNS Executive Director. Application must be made by May 1 preceding the season in which the travel is planned.
- F7.6. Permits will only be issued for sanctioned tournaments or exhibition games. It is the responsibility of the team to ensure that any games or tournaments played in are sanctioned by the Hockey Canada Branch in whose jurisdiction they wish to play.
- F7.7. Teams at the U7 and U9 levels shall not be permitted to travel outside the province of Nova Scotia.
- F7.8. Teams at the U11 level shall only be permitted to travel outside the province twice per season.
- F7.9. Failure to comply with this regulation will result in refusal of future tournament sanction permits.
- F7.10. Permits are required for tournaments hosted by associations under Female Councils to satisfy the sanction requirements of Hockey Canada.
- F7.11. Permits to host a tournament involving Female (Branch tournaments) are obtained from the Regional Director. There is no fee for these permits. Two weeks' notice is required. [HNS Tournament Application](#)
- F7.12. Permits for tournaments involving teams from other provinces (Inter-Branch Tournaments) are obtained from Hockey Nova Scotia's Executive Director. There is no fee for these permits. Two months' notice is required.
- F7.13. Permits for tournaments involving teams from other countries (International Tournaments) are obtained from Hockey Canada by application through Hockey Nova Scotia's Executive Director. The fee is established by Hockey Canada and depends on the number of out-of-country teams. Application must be made by May 1 preceding the season in which the tournament is planned.
- F7.14. Any Female Hockey Association or Female Regional Executive Committees, league or team hosting teams from outside the province shall be responsible to notify Hockey Nova Scotia's Executive Director as to the arrival and departure dates of such teams, as well as the teams they will be playing and the name and address of the President of the Branch that the visiting team is from.
- F7.15. All tournament hosts are required to submit a post tournament summary including teams that participated, scores of games and a detailed financial statement of income and disbursements to the Female Council within 30 days of the completion of the tournament.
- F7.16. Tournaments for the U9 level may not include the retention and posting of statistics, the selection of all-star teams or awards, the selection of MVPs or awards, and shall not include Championship games or any other format that declares a winner.
- F7.17. Officials of Female Tournaments are not permitted to interpret or change suspensions to player(s) or team officials. If any questions arise regarding the Code of Discipline or Regulations, the tournament Chair must refer these to the appropriate level of authority with the appropriate Council (i.e., Regional Director, Conference Coordinator or Chair).

## REGULATION EIGHT - EXHIBITION GAMES AND TOURNAMENTS

- F8.1. No team shall be permitted to participate in any Inter-Branch games of any kind without permission of the Hockey Nova Scotia President or designate. All requests must be submitted in writing to the appropriate Regional Director, Council Chair or the Executive Director of Hockey Nova Scotia at least 10 days prior to the event.
- F8.2. Exhibition Games with professional clubs may be arranged with permission of Hockey Canada and the President of Hockey Nova Scotia upon such terms and conditions as may be designated by Hockey Canada.
- F8.3. Sanctioning for all tournaments under the jurisdiction of Hockey Nova Scotia must be obtained in accordance with this Regulation.
- F8.4. Application for sanctioning must be submitted to Hockey Nova Scotia's Executive Director, in writing indicating the date, location, committee chair and category of tournament (HNS, Inter-Branch, or International) applied for. Application for International Tournaments must be submitted to HNS 90 days prior to the event. Application for HNS and Inter-Branch Tournaments must be submitted to HNS 60 days prior to the event.
- F8.5. All applications for tournament sanctioning must include a detailed budget and be endorsed by the President of the Minor Hockey Association applying to host the event who is a voting member of the tournament committee, or their designate.
- F8.6. Once approved, Hockey Nova Scotia's Executive Director shall issue a Tournament Sanction Permit with one copy forwarded to Hockey Canada, one copy forwarded to the Tournament Host and one copy retained by HNS on file.
- F8.7. Hockey Canada and HNS must sanction international Tournaments. All international teams (excluding teams from USA Hockey) must have written permission from their respective Federation and approval from Hockey Canada in order to participate in any Hockey Canada/HNS sanctioned International Tournament.
- F8.8. All games must be officiated by HNS registered officials and must be played under official Hockey Canada playing rules. The only variance to the official Hockey Canada playing rules will be those that are in effect or approved by HNS at the time of application.
- F8.9. All HNS Female exhibition games and tournaments must be approved by the appropriate Regional Director.
- F8.10. Any Tournament Sanction Permit may be withdrawn if it is found that Hockey Canada or HNS regulations pertaining to such tournaments are not being followed.
- F8.11. Subsequent permits may not be issued to any tournament host who has been found to conduct an unsanctioned tournament, which has not conformed to Hockey Canada/HNS regulations.
- F8.12. The Tournament Chair is responsible for submitting to HNS a financial statement of income and disbursements within 30 days of the completion of the tournament. Failure to comply with this requirement will result in refusal of future Tournament Sanction Permits.
- F8.13. HNS shall appoint a Branch Representative for all sanctioned Branch tournaments. The Branch representative shall serve on the Host Committee as an ex-officio member responsible for ensuring the tournament is conducted in accordance with Hockey Canada/HNS rules and regulations. The Host Committee shall pay the expenses of the appointed Branch Representative.
- F8.14. All Female Hockey Associations granted an International or Inter-Branch tournament permit shall sign a contract with HNS agreeing to abide by playing rules and regulations of Female Council and shall report all penalties and suspensions daily to the appropriate persons.

## REGULATION NINE - GAME REPORTS

- F9.1. In any game in which a match penalty has been assessed, under HNS Rule 9.6(a), (b) or (c) from the [HNS Code of Discipline and Minimum Suspensions](#), the game report is to be forwarded to the HNS President or their designate. Upon receipt of the game report in relation to HNS Rule 9.6, it will be forwarded to the appropriate Council Chair for investigation and action.
- F9.2. Game Reports for pre-season, exhibition, regular season, playoff and tournaments shall be completed in triplicate for all games played and are to be clearly legible and must contain the following: date of game, division and level of play, location of game, names of both teams competing, travel permit number, and any other important information. Officials must count the number of skaters and goaltenders on the ice and bench and compare this to the players listed on the game sheet prior to the start of the game.
- Copies shall be distributed as follows within seven days of the date of the game.  
  
Original - to the responsible authority for the game or designate - collected by the home Association  
  
2nd Copy - to the visiting team  
  
3rd Copy - to the home team
  - Score and game sheet reporting to be completed within 48 hours by the home team using HNSFC Score reporting process. ([POLICY](#))
- F9.3. Any team playing out of province must submit the game sheet to the Regional Director who will use HNSFC game sheet recording process within two days upon the return of the team. There must be one game sheet for each game played.
- F9.4. Any regularly registered players who are not in the arena at the start of the game but may be arriving late should be discussed with the referee and the opposing coach and added to the game sheet when they arrive. The late arriving player should be noted on the game sheet with the abbreviation (LA) for late arrival.

## REGULATION TEN - PROTECTIVE EQUIPMENT/INSURANCE/SAFETY

- F10.1. All players will wear protective equipment as indicated in the Hockey Canada playing rules. As of the 2019-2020 hockey season, all teams below Junior A will be required to wear full facial protection.
- F10.2. All coaches and assistants must wear a CSA certified helmet, properly fastened, while on the ice conducting practice.
- F10.3. Hockey Nova Scotia is a full participant in the Hockey Canada insurance program, which includes liability, death and dismemberment, and major medical insurance. It is mandatory for all registered teams and leagues to participate in the program.
- F10.4. Hockey Nova Scotia is a full participant in the Hockey Canada Directors and Officers Liability Insurance. It is mandatory for all Associations to participate in the program.
- F10.5. The STOP crest is mandatory on all game jerseys for all hockey players participating within HNS. The STOP crest is to be worn on the back of the game jersey, in the center directly above the number and below the name of the player.

## REGULATION ELEVEN - CERTIFICATION REQUIREMENTS

- F11.1. All Coaches, including assistants, in Female Representative Divisions within HNS must be certified at the minimum NCCP Development 1 level. All Head Coaches at the Major U18 Female level within HNS must be certified at the NCCP High Performance 1 Certification level. See the full requirements on the Hockey Nova Scotia website - [Coach and Volunteer Requirements](#).
- F11.2. All instructors at the U7 Division are to be certified in the Intro Coach Program.
- F11.3. All coaches at the U9 Division are to be certified in the Intro Coach Program.
- F11.4. All coaches in Female Recreational divisions must be certified in the minimum Intro Coach Program or former U7 Program. NCCP Development I is acceptable for Female Recreational coaches.
- F11.5. All bench staff in AAA, AA, and A divisions at all levels must be certified in the Hockey Canada Safety Program. Bench staff includes Head Coach, Assistant Coaches and Trainer.
- F11.6. All teams in a Female Recreational Division must have at least one member of the bench staff certified in the Hockey Canada Safety Program (HCSP). Bench staff includes Head Coach, Assistant Coaches and Trainer. All U7 Program and U9 Teams/Groupings must have at least one coach or instructor certified in the Hockey Canada Safety Program.
- F11.7. It is recommended that all teams have at least one member of the bench staff seek certification at the HCSP Level II. HCSP Level II is available to individuals who hold current certification in First Aid and CPR from a recognized agency. HCSP Level II is provided once an individual provides proof of certification. There is no training clinic for this certification.
- F11.8. All Associations must appoint a Development Coordinator by September 15 annually.
- F11.9. Associations must check certifications and verify that all bench staff are properly certified by November 15 of each hockey season. The deadline for certification each season will be December 1 and any submissions for bench staff without certification after December 1 will not be accepted for Provincial Playdowns. No additional clinics will be conducted beyond this date.

- F11.10. A list of all Association coaches, assistants, trainers, and managers must be submitted to HNS by October 15 of each season. The date for U7 and U9 is November 15. All coaches, including assistants, trainers and managers, shall have completed the Speak Out or Respect in Sport course by December 1.
- F11.11. All HNS registered bench staff, dressing room supervisors, and on ice Officials must complete the screening process as outlined in the [HNS Screening Policy](#). Coaches/Team Officials and supervisors/on ice Officials must complete an initial Vulnerable Sector Verification (VSV) which includes a Canadian Criminal Records Check/Local Police Check through the local police or a third-party provider within 30 days of an individual's involvement with any on-ice or off-ice activity within any Association, team or League. Any member as mentioned in this regulation, having been convicted, or having charges pending, of a criminal offence in any jurisdiction, shall complete a Hockey Canada Screening Disclosure Form and submit it directly to HNS, prior to participating in any HNS activity. The responsibility lies with all Hockey Associations/Leagues/teams to ensure that all mentioned participants have completed the process as outlined in the HNS Screening Policy by December 1 of the current playing season.
- F11.12. A minimum of two certified bench staff must be on the bench to start any game.
- F11.13. Any team official who is found to be in violation of any section of Regulation Eleven will be suspended indefinitely until certification for that official has been approved by HNS and it has been added to the HCR. The minimum suspension for a first offence is five [5] games, a second offence will result in the team official being suspended for one full calendar year. HNS, HNSMC and HNSFC reserve the right to lengthen these suspensions depending on the circumstances involved in each violation.
- F11.14. Any Team Official previously registered on the Hockey Canada Registry (HCR) with any team who was not approved due to lack of the following: Respect in Sport Volunteer Program (RIS), Criminal Records Check (CRC) and Vulnerable Sector Verification (VSV) will NOT be eligible to be registered with any team until these are obtained. This includes on-ice or off-ice activities. This regulation does not include Team Officials who have been approved in the past but whose CRC/VSV have expired. These Team Officials must obtain their renewals prior to December 1.

## REGULATION TWELVE - FEES

- F12.1. The annual fees shall be determined by the Hockey Nova Scotia Board of Directors and approved by the eligible voting delegates at the Hockey Nova Scotia Annual General Meeting. Once approved, the schedule of annual fees shall be distributed by the HNS Executive Director (or designate) to the membership by way of Information Bulletin.
- Any member failing to pay such fees within the time prescribed shall forfeit the right to take part in playoffs and tournaments, and compete against member Associations.
- F12.2. In addition to fees established by Hockey Nova Scotia, Female Council shall be responsible for setting their own fees to fund their annual operating budget which shall be communicated to the seven associations at the HNS AGM Female Congress.
- F12.3. All appropriate annual fees for member registration are due and payable upon registration by the applicable member according to the dates specified by Hockey Nova Scotia.
- F12.4. Associate Member teams shall pay an annual Associate Membership fee as determined by the HNS Board of Directors.

## REGULATION THIRTEEN - PROTESTS/APPEALS

- F13.1. In the event of any dispute, difference or question regarding any matter of any kind arising at any time and only where there is provided a right to appeal per By-laws, Rules and Regulations of HNS and Hockey Canada, a protest or appeal will be the recourse available to any member dissatisfied with a decision.
- F13.2. Upon receipt of a protest or appeal in the HNS Office, the President of Hockey Nova Scotia, or designate, will determine if the appeal or protest meets the requirements herein and if it does, will direct the HNS Appeals Committee to proceed with the hearing.
- F13.3. A cash payment or certified cheque in the amount of three hundred dollars (\$300.00) and a non-refundable administrative fee of fifty dollars (\$50.00) for a total of three hundred and fifty dollars (\$350.00), made payable to Hockey Nova Scotia shall accompany all protests and appeals.
- F13.4. No protest or appeal will be entertained if the fee is not included.
- F13.5. The President of Hockey Nova Scotia will determine the appropriate level of appeal and their decision in this determination will be final.
- F13.6. Having completed all points of appeal within Hockey Nova Scotia, the aggrieved may appeal to Hockey Canada if not satisfied with the decision per [HC Regulation XI Dispute Resolution](#), assuming all requirements have been met.

### PROTESTS:

- F13.7. Protests may only be made in regard to interpretations of Rules, By-laws, Regulations, Rules of Competition and Constitutional matters, not in regard to the decision of a referee or linesman.
- F13.8. A verbal protest must be made by the captain of the aggrieved team to the referee at the first reasonable opportunity after the action or decision complained of, and in all cases must be made within 5 minutes of the close of the period in which such action or decision was made and same must be noted immediately on the official game report.
- a. Female Hockey Protests Provincial Championship Tournaments.
  2. Protests to Tournament Chairpersons shall follow the procedure laid down in the tournament rules.
  3. Protests to the Regional Directors and Conference Coordinators, shall follow the procedures laid down herein.
  4. Decisions on protests to Regional Directors, Conference Coordinators and the Chair of Female Council during Provincial Tournaments, shall be final and binding.

### Appeals

- F13.9. Any member wishing to file an appeal on any matter may
1. Written protests must be forwarded to the responsible authority as follows:
    - a. Chair of Female Council, or their designate, for pre-season, regular season and playoff games within sanctioned leagues.
    - b. Tournament Chairperson for invitational tournament games.
    - c. Regional Directors for exhibition games
    - d. Conference Coordinator for Female Conference Playoffs.

- e. Chair of Female Council, or their designate, for Provincial Championship Tournaments.

F13.10. have its request processed by HNS, where:

1. Any appeals of the By-Laws and or Regulations of HNS or Hockey Canada must first have been dealt with at the appropriate level (League, Council, etc.)
2. Such decision or dispute is in conflict with the By-Laws and or Regulations and Rules of HNS or Hockey Canada.
3. Procedural error was committed
4. The original decision was not within the party's authority or jurisdiction.
5. The local Association does not have their own appeals process.
  - There is no fee when using F13.10.5.

F13.11. An appeal shall:

1. Be brought within 48 hours of receipt of the written decision.
2. Be in writing.
3. Describe the error or grounds for appeal, which provide the HNS appeals committee with jurisdiction under Regulation F13.10.
4. Describe, in numbered paragraphs, the decision appealed from, the grounds for appeal and relevant facts. Pertinent documents, if any, should be attached and the appellants may not introduce any new information and the original protest must accompany the appeal.
5. Be filed, with proof of delivery to the Manager of Member Services, together with required fee (\$350.00) per Regulation F13.3.

F13.12. The HNS President or designate shall:

1. Determine, within seven days of receipt of the appeal, whether HNS has jurisdiction to hear the appeal and that the requirements of Regulation F13.11 have been met.
2. Notify appellants within seven days of the receipt of the appeal, if requirements of Regulation 13.11 have been met.
3. If requirements of Regulation F13.11 have been met, instruct appeals committee or chair of applicable division to convene a hearing within 14 days of the receipt of the appeal.
4. If requirements of Regulation F13.11 have been met, notify the appellants in writing of the decision, not more than 48 hours after the appeals hearing has convened.

### **Registration Appeals**

F13.13. An appeal may be filed with HNS in disputes involving:

1. A refusal by a team or Association to release a player for purposes of playing with another team in accordance with Hockey Nova Scotia and Hockey Canada Regulations.
2. Any dispute over a ruling of residency by a Regional Director in Female hockey.

F13.14. A cash payment or certified cheque in the amount of three hundred dollars (\$300.00) and a non-refundable administrative fee of fifty dollars (\$50.00) for a total of three hundred and fifty dollars (\$350.00), made payable to Hockey Nova Scotia, shall accompany all protests and appeals.



- F13.15. No Registration Appeal will be entertained if the appeal fee is not included.
- F13.16. Female Hockey registration appeals are to be forwarded to the Manager of Member Services.
- F13.17. All pertinent documentation must be forwarded to the Manager of Member Services and copied to the Chair of Female Council proving the residency of the player. No documentation will be accepted for the purpose of the appeal hearing following the seven-day period or entertained at a hearing if convened.
- F13.18. The appellant must clearly request an "in person" hearing if desired. Failure to do so will forfeit the appellant's right to present "in person". In the event such request is not made, a conference call may be conducted.
- F13.19. On receipt of such an appeal, the Manager of Member Services will:
1. Within 24 hours provide an electronic copy of the appeal requesting a rebuttal to the Regional Director, the Association to which the Regional Director has determined eligibility and the Association to which the player wishes to register.
  2. If such rebuttal is not received within 48 hours of receipt of the request from the Manager of Member Services, the parties shall lose their right to make a rebuttal.
  3. Within 24 hours of receipt of rebuttals, send the information to the HNS President.
- F13.20. On receipt of ALL documentation from the Manager of Member Services, the HNS President shall:
1. Within 48 hours, appoint a committee to convene a hearing to be chaired by the VP of Hockey Operations.
  2. Set a date for a hearing or conference call that will be convened no later than seven days from the receipt of information.
- F13.21. The VP of Hockey Operations shall report to the HNS President for approval the findings of the committee and recommendation within 24 hours of completion of the hearing.
- F13.22. Written notice of the decision shall be forwarded from the HNS President within 48 hours of receipt of the committee report and recommendation.
- F13.23. The timelines shall not be in effect from May 1 to August 31 of each year. Should an appeal be made within that time frame; a decision will be rendered by September 1 of the current season.
- F13.24. The next level of appeal for ALL Registration appeals is to Hockey Canada per [HC Regulation XI Dispute Resolution](#).

### **Board Decisions - Final and Binding**

- F13.25. Any recourse to the Courts of any jurisdiction by any member, before all rights of appeal and all the rights and remedies of the By-Laws and Regulations of Hockey Nova Scotia have been exhausted, shall be deemed to be a violation and breach of the By-Laws and Regulations of Hockey Nova Scotia. This violation and breach shall result in the automatic indefinite suspension of such member from Hockey Nova Scotia, including all activities and games played under the jurisdiction of Hockey Nova Scotia or any of its members as defined herein.
- F13.26. Any member, Association, Club, League, team, player, coach, manager, trainer, referee who has sought court action before exhausting all proper procedures of appeal shall be liable for all legal costs and disbursement incurred by Hockey Nova Scotia.
- F13.27. Until full legal costs are paid, at the discretion of the President of Hockey Nova Scotia, the right of membership of the said party will be suspended.

F13.28. Any member, Association, club, league, team, player, coach, manager, trainer, referee who, having exhausted the appeal procedures, proceeds with Court action will be liable for all legal costs and disbursements incurred by Hockey Nova Scotia, should be the Courts rule in favour of Hockey Nova Scotia, prior to reinstatement of said party's membership with Hockey Nova Scotia.

## REGULATION FOURTEEN - AMENDMENTS

F14.1. Amendments, alterations or additions to Regulations in Hockey Nova Scotia's handbook can be made by the Directors of the Board at a Regular or Special Meeting by a "Special Resolution", that is, a resolution passed by not less than two-thirds majority of the Board of Directors of which notice specifying the intention to propose the resolution as a special resolution has been duly given.

## REGULATION FIFTEEN - STANDING COMMITTEES AND COUNCILS

F15.1. Female Council

1. Female Council shall be responsible to the Hockey Nova Scotia Board of Directors for managing the affairs of all female hockey activities (excluding elite programs, leagues, High Performance Programs and Canada Games wherein such responsibility shall be that of Hockey Nova Scotia) in accordance with Hockey Nova Scotia/Hockey Canada Rules, Regulations, By Laws and Special Regulations adopted by Female Council and approved by Hockey Nova Scotia. Female Council shall consist of the following members:
  - a. Council Chair
  - b. Two Conference Coordinators
  - c. Six Regional Directors
2. The Female Council Chair shall be a member of the Hockey Nova Scotia Board of Directors and the official Hockey Nova Scotia representative on the Hockey Canada Female Council.
3. At each Female Council Meeting, each member shall have one vote, with the Chair only voting in case of a tie. A quorum at Council Meetings shall consist of the majority of voting members entitled to be present. The Chair of Female Council shall call Council Meetings.
4. Other delegates from Associations, leagues and teams may attend Female Council Meetings as observers only with the right to speak being granted at the sole discretion of the Chair.
5. Female Council Executive
  - a. The day-to-day operation of Female Council will be the responsibility of:
    - i Chair of Female Council
    - ii Female North Conference Coordinator
    - iii Female South Conference Coordinator
    - iv Hockey Nova Scotia VP Hockey Operations
6. All members of the Female Council shall follow Conflict of Interest Guidelines set out by [Hockey Nova Scotia By-Law Twelve](#).

7. Should a vacancy occur on the Female Council the position may be filled by the Advisory Committee until the next Annual Meeting.
8. Female Council Regional Directors
  - a. Regional Directors must be a resident of the Zone they represent and be elected by the members of the zone at the Council's annual meeting. Nominations for the position of Regional Director must be received by the HNS Executive Director or designate no later than thirty (30) days prior to the HNS AGM Female Congress ballot.
  - b. When two or more nominated for any office, and all but one decline to serve, that one shall be considered to have been elected. Should more than one ballot be necessary for the election of a Regional Director, the name receiving the fewest votes shall be removed from the ballot before proceeding to another ballot.
    - *These are positions that are currently appointed, but will become elected positions once seven (7) Female Hockey Associations are present within the Branch.*
9. Powers & Duties
  - a. The duties of the Female Regional Director shall be to carry out the day-to-day functions of their regions in conjunction with the Female Council Chair and shall include:
  - b. Holding Regional Meetings.
    - i supervise Provincial Championship Tournaments or Series taking place within the province.
    - ii to be the liaison between the Council and Associations in their region.
    - iii to issue team registration forms and other registration materials to Associations in their region.
    - iv to receive, check and forward Hockey Canada Playing Certificates and Council Team Play-off lists to the HNS Executive Director for approval; classify teams for provincial play-offs.
    - v receive requests for travel permits and issue same to teams travelling or playing exhibition games in Nova Scotia.
    - vi to assist in solving disputes between local associations in their region.
    - vii ensure the boundaries for Associations within their region are clearly defined by August 1 of each year, permitting no change from that date until the end of the playing season.
  - c. They may appoint assistants as the directors' feel is required provided prior approval is obtained from the HNS Female Council Executive Committee. Such assistants shall be recognized by the HNS Executive Committee when their name and address is filed by letter with the HNS Executive Director. These letters will be authorized by and bear the Regional Director's signature. Assistants will have such powers as the Regional Director permits in their name but may not sit or vote on the Female Council.
10. There shall be two (2) Conference Coordinators to coordinate the activities of their respective Conference:
  - a. The Northern Conference (comprised of the Fundy Highland, Quad County, and Cape Breton Regions)

- b. The Southern Conference (comprised of the Metro West, Metro East, Valley, and Western Regions).
- c. Conference Coordinators must be a resident of the Conference they coordinate and be elected by the members of the Conference at the Council's annual meeting. Nominations for the position of Conference Coordinator must be received by the HNS Executive Director or designate no later than thirty (30) days prior to the HNS AGM Female Congress.
- d. When two or more nominated for any office, and all but one decline to serve, that one shall be considered to have been elected. Should more than one ballot be necessary for the election of a Conference Coordinator, the name receiving the fewest votes shall be removed from the ballot before proceeding to another ballot.
  - *These are positions that are currently appointed, but will become elected positions once seven (7) Female Hockey Associations are present within the Branch.*
- e. The Conference Coordinator shall preside over Conference meetings and regional elections, attend regional meetings when requested to do so by the Regional Director, coordinate Inter-Regional Play-Offs within their Conference, coordinate categorization of all teams within their Conference, and if requested by the Executive Committee, shall be a signing officer of the Council.

11. Conference structures shall be as follows:

- a. North Conference Structure
  - i Cape Breton Region - consists of Industrial Cape Breton.
  - ii Fundy Highland Region - consists of Pictou County, Colchester County, and Cumberland County.
  - iii Quad County Region - consists of Antigonish, Canso, Strait-Richmond and Cape Breton West.
- b. South Conference Structure
  - i Metro West Region - consists of Halifax, TASA, Chebucto, Bedford and Sackville.
  - ii Metro East Region - consists of Dartmouth, Cole Harbour, Eastern Shore, and East Hants.
  - iii Western Region - consists of Yarmouth, Shelburne, South Shore, Queen's County, and Chester.
  - iv Valley Region - consists of West Hants, Acadia, Clare/Digby and Western Valley.

NOTE: Players from Clare/Digby have the option of playing in the Valley or Western Region. The player must make this request through the Female Regional Director for Valley if they wish to play in the Western Region.

F15.2. The Chair of Female Council shall be responsible to the Board of Directors of Hockey Nova Scotia through the President and shall:

- 1. Sit on the Hockey Nova Scotia Board of Directors.
- 2. Preside at all meetings of Female Council and all Committee Meetings. They shall generally perform the duties usual to the Office of the Chair, and may at their discretion, order the calling of a special meeting of the Female Council or its Committees.

3. In case of emergency may exercise all the duties and powers of any of the Female Council Regional Directors, but such action shall be referred within fifteen (15) days to the Advisory Committee of Female Council for approval or rejection.
4. With the approval of the President of Hockey Nova Scotia, the Chair of Female Council or a designated representative shall have the power to suspend any Female player, coach, manager, or executive member for misconduct on or off the ice. Such suspension to be referred to the Advisory Council within fifteen (15) days, such suspension automatically terminates at the expiration of the period of suspension. All leagues/teams will recognize such suspensions and Hockey Nova Scotia's Executive Director shall notify those necessary of such suspensions and penalties. Any person so suspended shall have the right to appeal.
5. Be an ex-officio member of all Female Council committees.
6. Only vote at Female Council Meetings in case of a tie.
7. Perform other duties as directed by the President of Hockey Nova Scotia.
8. Serve on committees as directed by the Board of Directors of Hockey Nova Scotia or the President.

F15.3. Any information on Standing Committees and the other Councils of Hockey Nova Scotia are available in the Hockey Nova Scotia Regulations [here](#).

## REGULATION SIXTEEN - MEETINGS OF THE ASSOCIATIONS/COUNCILS

F16.1. See [Hockey Nova Scotia Regulations](#) for Meetings of The Associations/Councils.

## REGULATION SEVENTEEN - VOTING

F17.1. See [Hockey Nova Scotia Regulations](#) for Voting.

## REGULATION EIGHTEEN - U7 PROGRAM

### F18.1. OBJECTIVES

Hockey Nova Scotia strives to provide all players within the U7 Program with a positive learning environment that includes the opportunity to learn the basic skills of hockey, have fun, and develop self-confidence. Our goal is to teach participants the basic skills, including skating, shooting, and puck handling, while providing a positive experience for players fostering continued participation in the sport of hockey.

### F18.2. EDUCATION

Hockey Nova Scotia recommends that all member associations provide education, orientation and awareness to its membership on the benefits of the U7 Program through the use of the U7 Program Jamboree, on an annual basis. Furthermore, member associations are encouraged to seek Branch support in identifying resources to assist in the overall education of its membership on the merits of the U7 Program and the need to focus volunteers and parents on making the experience a positive one.

### F18.3. CURRICULUM

Associations shall use the national U7 Program curriculum developed by Hockey Canada to lead their efforts in providing programming as follows:

- Level One - U7 Program Phase 1 and 2
- Level Two - U7 Program Phase 3 and 4

Players, regardless of age, should be placed at the level that is appropriate to their skill and ability. Associations shall provide for ongoing evaluation of participants and continue to place each at the level appropriate to their level of skill and ability throughout the season.

### F18.4. CERTIFICATION

Individuals who work on-ice teaching the participants within the U7 Program shall be referred to as "instructors". All instructors involved at the four-six year age group must be certified in the four-hour Intro Coach Program Clinic offered annually by Hockey Nova Scotia.

### F18.5. JAMBOREES

1. U7 teams may enter a maximum of four U7 jamborees per season
2. Permits are required for Jamboree's hosted by Female Council Association's to satisfy the sanction requirements of Hockey Canada.
3. Travel permits are required by any U7 team wishing to play in Jamborees outside their Region.
4. Teams at the U7 level shall not be permitted to travel outside the province of Nova Scotia.
5. Permits for U7 Jamborees involving Female teams (Branch jamborees) are obtained from the Regional Director. There is no fee for these permits. Two weeks' notice is required.

## REGULATION NINETEEN - U9 PROGRAM

### F19.1. OBJECTIVES

The objective of Hockey Nova Scotia U9 Program is to foster respect, sportsmanship and a fun atmosphere. The U9 Program shall strive to continue to develop the participants in the basic skills areas of skating, shooting, and puck handling, while introducing them to competitive opportunities within an environment based on skill and ability. The intent is to continue to place a high emphasis on skill development while introducing participants to competition, playing rules, and the "team" concept.

### F19.2. EDUCATION

Hockey Nova Scotia recommends that all Female Hockey Associations continue to provide education, orientation and awareness to their membership about the benefits of skill development and the need to continue to focus on making each experience a positive one.

### F19.3. COMPETITION

Players within the U9 Program shall be assigned to levels based on their skill and ability. Female Hockey Associations shall assign participants to an appropriate learning environment based on an evaluation at the start of the season and continue to provide ongoing evaluation throughout the season to ensure each participant continues to be assigned to the appropriate skill level and most appropriate learning environment. The levels for use within the U9 Program include Level 1 (Developmental), Level 2 (Intermediate), and Level 3 (Advancing).

Hockey Nova Scotia Female Council may establish leagues for the sole purposes of scheduling competition. Any such league may not include any placement or standings, the retention or publishing of individual statistics, any playoffs or a declared league winner under any format.

Teams, where appropriate and based on skill and ability, may play exhibition games against similar caliber teams from other Female Hockey Associations within their Conference.

In all U9 program competition, Female Hockey Associations shall ensure that all players are treated fairly with respect to ice time distribution and situational opportunities. To maximize ice use during competition, if a team is assessed a penalty, the offending player will sit in the penalty box, but the team shall not play a player short. The offending team shall put another on the ice. There shall be no power plays and no team shall play a player short during any games.

### F19.4. U9 Seasonal Structure for All levels

- DEVELOPMENT SEASON:
- HALF ICE/CROSS ICE SEASON:
- From start date in respective associations until December 1
- Starting December 1, a maximum of 30 half ice games including Jamborees. Officials will be required on each half ice game.
- After February 15 up to six (6) full ice games within their Conference and the approval of the Regional Director. These games are overseen by coaches only - no officials.

### F19.5. LEVEL 1 - DEVELOPMENTAL

The Developmental level is for players who are either new to the sport or continue to require focused development in the basic skills areas of skating, shooting, and puck handling. The objective of this level is to place a heavy emphasis on skill development while providing minimal introduction to competition. Players may participate in games at this level with a minimum practice to game ratio of 2:1.

### F19.6. LEVEL 2 - INTERMEDIATE

The Intermediate level is for players who possess the basic skills of skating, shooting, and puck handling but who require continued development to accomplish a satisfactory level of some or all of the skills. Players at this level should have sufficient skill and ability to be able to actively participate in a competitive environment with a satisfactory level of success. Players may participate in games at this level with a minimum practice to game ratio of 1:1.

#### F19.7. LEVEL 3 - ADVANCING

The Advancing level is for players who possess the many of the basic skills including skating, shooting, and puck handling and demonstrate the capability to advance to more challenging levels of skill development. Players at this level should be able to participate fully in a competitive environment with a high probability of success. Players may participate in games at this level with a minimum practice to game ratio of 1:1.

#### F19.8. PLAYER ASSESSMENT AND EVALUTION

Female Hockey Associations shall conduct evaluations in order to select teams or to place players on teams based on skill and ability. All players shall be grouped at the appropriate level based on their skill and ability through evaluation of their skills, which are performed during typical program activities such as games or practices.

Under no circumstances shall Female Hockey Associations "cut" or release players from levels or teams. Female Hockey Associations must carefully consider all aspects of the player's skill, ability, social maturity, physical maturity, capability to compete successfully, and any other factor prior to advancing a player to the next level so as to ensure that the player continues to develop and have fun and thereby eliminating any need to release the player back to a lower level. All movement of the player within the U9 program shall be progressive.

The assessment of players throughout the season shall be conducted in a fair and objective manner at all times. Female Hockey Associations are strongly encouraged to implement structured evaluation methods and processes to ensure that all players are treated fairly and are placed at the most appropriate level and learning environment at all times.

The assessment of players shall be done internally at the Female Hockey Association level in consultation with the U9 Program coaches, administrators, association coaching coordinator, coach mentor coordinator, and approved by the Female Hockey Association. Any assessment or evaluation of any player shall not be conducted in a tryout environment. Such evaluation should be conducted while the player is permitted to function within the normal program activities such as games or practices.

#### F19.9. TOURNAMENTS

Any tournament in which a U9 team participates must be within Nova Scotia and no U9 team shall be permitted to compete in any activity outside of Hockey Nova Scotia's jurisdiction or Nova Scotia.

Tournaments for the U9 level may not include the retention and posting of statistics, the selection of all-star teams or awards, the selection of MVPs or awards, and shall not include Championship games or any other format that declares a winner.

#### F19.10. PLAYER MOVEMENT

As specified per [HNS Regulation F2.20](#) at the discretion of the Female Hockey Association and with approval of Hockey Nova Scotia Female Council, players may be placed in the U11 division with the consent of the parent(s) or guardians.

- Only players that are eight years of age are eligible for consideration to advance to U11.

#### F19.11. TRAVEL

Teams wishing to travel outside of the region in which their Female Hockey Association resides for the purposes of playing exhibition games or attending tournaments, must have the prior approval of Hockey Nova Scotia Female Council by applying for a travel permit in the Hockey Canada Registry. Teams that fail to obtain such approval prior to any such activity shall be sanctioned as described in Regulation F19.13 - Sanctions.



#### F19.12. CERTIFICATION

All coaches, including assistants, involved at the seven-eight year age group shall be certified accord to [HNS Female Regulation Eleven](#). Coaches who fail to obtain the necessary certification will not be permitted to participate in any Hockey Nova Scotia U9 Program activity, including games or practices, for any team.

#### F19.13. SANCTIONS

Hockey Nova Scotia, as the governing body for Female Hockey within Nova Scotia may, through their Female Council, impose sanctions on Female Hockey Associations, teams and/or members who do not abide by the regulations established for the U9 Program. Any sanctions will be based on the severity of any infraction and the ranges of response, in no specific order, may vary to include written reprimand; suspension of the coach or coaches; suspension of the team; withdrawal of travel permits and/or approvals for future activities; and/or revocation of membership rights of the coach, team and/or association.

#### F19.14. U9 GENERAL INFORMATION

1. Every individual game at every Level of U9 is to be calculated into the individual Players', as well as the individual Teams', game cap and ratio of practices to games. This will be monitored by Female Council and sanctions imposed for non-compliance.
2. At every Level, U9 Games shall not have posted scores, keep statistics, select All-Stars or MVPs, or present Awards pertinent to any of these, or other, individual skills assessments which indicate the preference of one child over another.

## REGULATION TWENTY - MARITIME MAJOR U18 FEMALE HOCKEY LEAGUE:

### F20.1. Objectives

The objectives of the Maritime Major U18 Female Hockey League (MMFHL) are:

1. To provide a higher caliber of play for skilled female players in all areas of Nova Scotia
2. To encourage players to stay at home in Nova Scotia by providing a viable competition alternative
3. To provide a competitive level of hockey under female hockey rules that provides for an emphasis on education, skill development and sportsmanship
4. To enable skilled players to compete against players of similar level while limiting the impact on family and travel to players

### F20.2. Structure

The league will consist of four regionalized teams located in the following regions:

REGION 1: Area inclusive of all Cape Breton Island and Strait Regions.

REGION 2: Area inclusive of all Fundy Highland.

REGION 3: Area inclusive of all Metro East, Bedford and Sackville.

REGION 4: Area inclusive of Metro West, excluding Bedford and Sackville, and all of Valley and Western Zone.

- Boundaries may be adjusted with the approval of HNSFC.
- Any expansion of these teams within the league will require the approval of HNSFC and the HNS board of directors.

### F20.3. Governance

The MMFHL is governed by Hockey Nova Scotia and is under the jurisdiction of Female Council. All regulatory issues must be submitted and processed through the Female Council executive.

In the absence of a regulation in REGULATION TWENTY - MARITIME MAJOR U18 FEMALE HOCKEY LEAGUE the league will fall under current approved Female Hockey Regulations and established Policies. ([POLICY](#))

Oversight of the MMFHL will be governed by Female Council and will include the High-Performance Female Coach as a liaison between the league and the HNS Female Council. They will be responsible for the day-to-day operation of the league which will include, but not be limited to:

- Approval of the league schedule
  - Approval of all Spring Identification Camps
  - Approval of all requested player releases
  - Conducting of monthly meetings
  - Approval of the Provincial Play of Qualifying Structure
1. Each team will be responsible to fill the following executive positions:
    - President  
Responsible for:
      - immediate oversight of the club

- setting and monitoring the goals of the club
- running club meetings
- filling supporting positions within the club
- delegating tasks as necessary
- recruiting, training and retaining members
- marketing of the club
- maintaining regular communication with HNSFC
- Treasurer
  - controls the club's money
  - submits projected budget at start of season to HNSFC  
its collection and disbursement of member dues,  
prepares and monitors the budget
  - maintains accurate financial records
  - submits actual financial report at the end of season to HNSFC
- Registrar
  - secures the number of participants attending all team events
  - Ensures players are added to the HCR
  - Once completed advises their respective Regional Director for all player approval
  - Notifies HNSFC of any player releases within 24 hours of that release
  - Ensures game sheets are forwarded to HNSFC through the online game reporting protocol

#### F20.4. Financials

Each team shall provide:

- The proposed budget by September 30
- The actuals by April 30
- Financial updates to Hockey Nova Scotia where any changes have been made to the proposed budget
- The financial statement may be provided to Hockey Nova Scotia or parents.
- Please see the [POLICY](#) for additional information and a link to the template.

#### F20.5. Residency

Players must try out for the teams within their respective Region(s).

Should a player not be selected to the team within her region, she may try out for one (1) of the three (3) remaining teams in the league. Each player is only permitted to try out for a maximum of two (2) Major U18 Female teams per season.

Should there be a boundary change, players currently registered with a team whose new boundaries do not include their residence may choose to stay for the remainder of their U18 eligibility with their current team or play with the regional team from their home jurisdiction. Players must choose where they will play their remaining U18 eligibility by April 30 of the end of that season. This clause is not applicable to players who are not currently participating in the Major U18 Female league, including siblings of current players.

#### F20.6. Player Eligibility

Players must be U18 aged (15, 16, or 17 years old within the calendar year) and residentially eligible to register and play Female Hockey in Hockey Nova Scotia to be eligible to try-out for their Major U18 Female Zone team.

#### F20.7. Player Selection

Player evaluation and selection will be the responsibility of each respective team utilizing the Hockey Nova Scotia High Performance Program Evaluation/selection model.

- Try-outs for all Clubs shall not commence prior to August 15 annually and conclude no later than September 10 each season.
- Spring Identification (ID) Camps shall be held no later than May 30.

#### F20.8. Player Affiliation

Teams will utilize the club system of affiliation. [Regulation F6](#)

#### F20.9. Team Composition

Teams shall consist of a maximum of 18 skaters and 2 goaltenders.

#### F20.10. Team Uniforms

All teams must provide the following equipment to all participating players:

- Sweaters
- Matching Socks
- Gloves
- Helmets c/w CSA approved masks
- Pants or Shells

***Any change or addition of team colors, must be approved by HNSFC***

#### F20.11. Conflict of Interest

Hockey Nova Scotia Female Council shall approve team executives and volunteers on each team and must be informed of any changes in team administrative structure. ([POLICY](#))

#### F20.12. Registration

All team members and officials must be registered as specified in Hockey Nova Scotia regulations.

#### F20.13. Schedule

Teams will play a balanced league schedule with all games being played on weekends, Saturday evenings and Sunday mornings or afternoons, and scheduled at times that allow players to commute to games from their place of residence on the day of the game. ([POLICY](#))

F20.14. Competition

Please see the MMFHL [POLICY](#) for detailed breakdown on game structure.  
The MMFHL will refer to [Regulation Two - Competition](#) if not covered in the policy.

F20.15. Practices

Teams must hold a minimum of two practices per week at a minimum of one-hour duration each. Players are expected to make every effort to attend all practices.

F20.16. Coach Selection

Coach selection will be administered by the teams; however, all coaches must be approved by the HNS Female Council. All coaches and bench staff must meet the minimum certification standards as specified in Hockey Nova Scotia regulations.

F20.17. Discipline

Hockey Nova Scotia [Code of Discipline and Minimum Suspensions](#) will apply.

F20.18. Member Teams

The League's Nova Scotia teams will be awarded through an evaluation of submitted bids from interested groups who must meet specific bid criteria. Teams will be awarded terms of two years, upon conclusion of which, they must re-apply. Hockey Nova Scotia has the right to revoke membership upon completion of this term. Teams will be evaluated during this period to ensure they adhere to all aspects of the bid solicitation requirements and Hockey Nova Scotia policies and procedures. ([BID REQUIREMENTS](#))

New out-of-province teams must apply to the HNS Female Council through their respective Branch by Aug 31 with their intention to join the league.

In order to secure their membership for the upcoming season in the MMFHL, they must satisfy one of the following:

- A franchise performance bond of at least \$1000 has been provided to Hockey Nova Scotia.
- Teams without franchise bonds are required to pay a MMFHL performance bond of \$500 that will be held by Hockey Nova Scotia until the end of the applicable season.
- Should any team fail to compete in the season, the performance bond will be forfeited to the Hockey Nova Scotia to cover administrative costs.
- Admission, or readmission, to the MMFHL will require approval from HNS Female Council and the appropriate Branch from the applicable province.

F20.19. Current teams are required to submit a renewal notice in writing to Hockey Nova Scotia Female Council by February 1 where they intend to return for another two years. ([Renewal REQUIREMENTS](#))

## REGULATION TWENTY-ONE - NON-SANCTIONED HOCKEY ACTIVITY

### F21.1. Non-Sanctioned Hockey

Participation in non-sanctioned hockey is not permitted during the Female Hockey season.

Members of Hockey Nova Scotia who were registered in the previous season and participate in "unsanctioned hockey" are herewith advised that Hockey Nova Scotia will not be responsible for actions emanating from said activities and further, that the medical and liability insurance programs under which all members are protected will be automatically voided.

For the purposes of interpretation, "non-sanctioned hockey" is any hockey program that is not approved by Hockey Nova Scotia.

### F21.2. Procedure for Reporting

Any complaint against a member participating in a non-sanctioned activity during Hockey Nova Scotia's year, must be in written form and signed by the coach and manager of the team and/or President/Chair of the Association outlining the nature of their complaint. The evidence associated with this complaint shall be forwarded to the Executive Director of Hockey Nova Scotia, who can arrange for a hearing into this allegation.

### F21.3. Process

Once a complaint has been received by Hockey Nova Scotia there will be an investigation into the complaint. In the event that the President of Hockey Nova Scotia determines that sufficient information has been sent forward to act upon. If sufficient information warrants, a committee shall be struck by the President to hear the complaint.

### F21.4. Decisions

A player, coach, or other member who plays or practices with another team or organization, while retaining Hockey Nova Scotia membership and is proven to have participated in a non-sanctioned event will be sanctioned through any of the following means:

1. A reprimand
2. Suspension of playing or coaching privileges from membership for a specified period of time
3. Have their membership privileges withdrawn
4. Such other action as the committee deems appropriate

## REGULATION TWENTY-TWO - FEMALE PROVINCIAL PLAYOFF QUALIFICATIONS

- F22.1. In order to compete in the Female Provincial Championship tournament or in any HNS female playoffs, a team must adhere to [HNS Regulation F2.15](#).
- F22.2. Female teams must adhere to game play rules as identified in [HNS Regulation F2.16](#).
- F22.3. HNS Female Council (HNSFC) will be responsible for the playoff structure leading to Provincial Championships in all divisions. The structure will be posted by November 15 each season.
- F22.4. The top 4 teams in each representative level will qualify for the Female Provincial Championship Tournament at the conclusion of the Playoff round.
- F22.5. A minimum of 11 skaters and 1 goaltender in uniform on the ice and/or players bench, on each team shall be necessary for the start of any provincial playoff game. Any team dressing fewer than 11 skaters and 1 goaltender will forfeit the game.
- F22.6. Associations are to ensure that a copy of the HNS Rules and Regulations are present at the timekeepers' bench for all playoff games. [Click here for a copy of these regulations](#)
- F22.7. Female players who have participated in a minimum of 10 pre-season, regular season or scheduled exhibition/tournament games shall be permitted to compete in provincial playoff games.
- a. Players who are added after the team tryout process is completed and are returning from preparatory schools must have participated in 70% of their team's scheduled regular season games to compete in provincial playoff games as a player or to be used as an affiliate.
- F22.8. In all HNS playoffs any team found to be playing with illegal players will forfeit the game to the non-offending team. The coach or team official will be under indefinite suspension, until dealt with by the HNSFC Executive.
- F22.9. Oversight of the schedule shall be the responsibility of the Regional Director in charge of scheduling. ([POLICY](#))
- F22.10. Games shall consist of three, 15-minute stop time periods, with ice resurfacing between the second and third periods according to the Game Protocol Policy. All playoff games must be played to completion.
- F22.11. One 30 second time out per team will be permitted in each HNS Playoff game including overtime.
- F22.12. **IN PROVINCIAL PLAYOFF GAMES WHERE A WINNER MUST BE DECLARED THE [F23.8 FEMALE COUNCIL OVERTIME FORMAT POLICY](#) MUST BE FOLLOWED.**
- F22.13. The host Association must supply minor officials, including score and timekeepers (no goal judges).
- F22.14. HNSFC will establish a playoff format leading to the Female Provincial Championship event. This format will be posted to [nsfhl.ca](#) and [hockeynovascotia.ca](#) by December 1.

## REGULATION TWENTY-THREE - FEMALE PROVINCIAL CHAMPIONSHIP TOURNAMENT

- F23.1. Teams competing in The Female Provincial Championship tournament shall be the four top teams at the representative level as determined by the league playoffs.
- F23.2. The format and schedule for Provincial Championship tournaments is established annually by the Executive of the HNSFC and is the responsibility of HNS. Neither format nor schedule may be changed without the prior written permission of the HNSFC Chairman or their designate. All games must be played as scheduled, regardless of whether or not they have a bearing on the outcome of the tournament.
- F23.3. The Provincial tournament format is single round robin with a Championship game. Team Placement is based on the league playoffs:
- Teams 1 and 2 will receive 2 home games
- F23.4. The tournament schedule can be found on [nsfhl.ca](http://nsfhl.ca) website under [Provincials](#).
- F23.5. Games shall consist of three, 15-minute stop-time periods, with ice resurfacing between the second and third periods. The full game protocol is available here: ([POLICY](#))
- F23.6. One 30-second timeout, per team, will be permitted in each game including overtime.
- F23.7. For round robin play, if a game is tied at the end of regulation time, teams shall have a two (2)-minute rest without leaving the ice, not change ends, and commence a one (1) five-minute stop clock, four-on-four sudden victory period. If teams remain tied after the Overtime period, each team will receive one point.
- F23.8. **IN PROVINCIAL CHAMPIONSHIP GAMES WHERE A WINNER MUST BE DECLARED THE [FEMALE COUNCIL OVERTIME FORMAT POLICY](#) MUST BE FOLLOWED.**
- F23.9. Hockey Canada Registry rosters and affiliate player certification must be available and presented upon request. Each team shall designate in writing a maximum of 17 skaters and 2 Goaltenders, eligible players, regular, affiliated or any combination thereof who will participate in the Championships. This shall be done at the officials' meeting and there will be no changes to the list for any reason after the Championships begin.
- NOTE: U18 shall designate in writing a maximum of 18 skaters and 2 Goaltenders.
- F23.10. Hockey Nova Scotia Officiating Program (HNSOP) will supply officials and HNSFC will supply scorekeepers/timekeepers.
- HNSOP will attempt to supply female officials where possible.
- F23.11. Failure to present player credentials, or to appear for any game as scheduled, or to complete any game, shall result in forfeiture, and possible suspension from further play. Any game forfeited shall carry a score of 5-0 against the offending team. Individual records, if any, shall count in the overall statistics.
- F23.12. Any ties in the standings after round robin play will be resolved using the Tie Breaking Sequence, available on the [nsfhl.ca](http://nsfhl.ca) website [here](#).
- F23.13. The Chairman of the HNSFC shall appoint an officer of the Council to hear and rule without delay on any protests or disputes arising during a Provincial Championship tournament. The requirement for a protest fee is waived. However, should a participant wish to appeal a ruling of the appointed officer, the provisions of [Regulation F13.11](#) must be met.



- F23.14. A virtual meeting of tournament officials, coaches and managers, the referee assignor, and a representative of the HNSFC, shall be held on the Wednesday evening before the start of the tournament to familiarize all parties with the rules and regulations. All teams must have a representative at this meeting.
- F23.15. HNS shall provide appropriate individual and team recognition for the winning team. HNSFC will provide the official HNS gold and silver medals, Championship Banner, Championship Plaque and Fair Play Plaque to be presented at the conclusion of the tournament. Fair Play plaque to be selected as the "most sportsmanlike team".

## REGULATION TWENTY-FOUR - FEMALE HOUSE CHAMPIONSHIPS

- F24.1. Scheduling for the Female Recreation Leagues will be done by the Female Council Scheduling Committee
- F24.2. Leagues will be determined geographically by the number of teams
- F24.3. League playoffs and championships will be administered by the respective Associations
- F24.4. All award costs will be covered by the Associations.

## REGULATION TWENTY-FIVE - CODE OF DISCIPLINE

- F25.1. The Hockey Nova Scotia [Code of Discipline and Minimum Suspensions](#) is located in a separate stand-alone document, which can be found by clicking the link above.
  - 1. 25.4e Coaches and players who are suspended indefinitely, shall not be eligible to take part in practices or other team activities until deemed eligible by HNSFC Discipline Committee.
  - 2. 25.9. Any person placed under suspension shall not be eligible to participate in any event under the jurisdiction of Hockey Nova Scotia, Hockey Canada, International Ice Hockey Federation, or any other organization with which Hockey Nova Scotia has a formal agreement.

## REGULATION TWENTY-SIX - OFFICIALS

- F26.1. On-ice officials, referees and linesmen, must be registered and in good standing with HNS.
- F26.2. Associations through their Referee in Chief are responsible for assigning capable officials for all games within their jurisdiction. This should take into consideration maturity and physical capabilities as well as the level of certification held by an official. During inter Association games on-ice officials shall not be a member of the executive of the Association of either of the competing teams except by mutual written consent of the head coach of the participating teams.
- F26.3. Referees and linesmen should be appropriately dressed for their role, including black (or dark blue) and white striped sweater, black (or dark blue) pants, and CSA approved hockey helmet, preferably black with a clear plastic half-face shield.
- F26.4. Representative Female hockey will utilize the following officiation systems:
  - 1. U11 - three person officiating system
  - 2. U13 - three person officiating system
  - 3. U15 AA - three person officiating system
  - 4. U15 AAA - four person officiating system
  - 5. U18 - four-person officiating system
- F26.5. Recreational Female hockey will utilize the following officiation systems:
  - 1. U9 - one official per game
  - 2. U11 - two/three person officiating system
  - 3. U13 - three person officiating system
  - 4. U15 - three person officiating system

- F26.6. The three-man system, consisting of a referee and two linesmen, must be used for all games (exception: 4 officials must be used for U15 AAA and all U18). The referee for these games must have at least Level 3 certification and the linesmen Level 2. If officials with these qualifications are not available, the appropriate authority (Zone Supervisor for Officials, Regional Director, Conference Coordinator, or Chair of Female) may approve assignment of officials with a lower skill level or the use of the two-man system. No protests will be allowed in this respect.
- F26.7. Unless unavoidable, and only if agreed to by coaches in writing, a referee or linesman shall not officiate in any game in which a participant is related in any way.
- F26.8. Officials (referees) shall report all Female game misconducts, gross misconducts and match penalties which lead to a suspension under the HNS Code of Discipline to the HNSMC Suspensions Coordinator at [suspensions@hockeynovascotia.ca](mailto:suspensions@hockeynovascotia.ca)
- F26.9. All Associations, through their President and Referee in Chief, must ensure that officials playing both Female Hockey and officiating hockey, only referee games up to one division below the level they presently play. These officials may continue to act as a linesman for games within the division in which they play hockey.
- EXAMPLE - A U18 player could do lines for any U18 game, but only referee U15 and below. Associations who find this taxing their officiating resources may make application to the Officiating Committee for exception. We expect application for exception would only be submitted from smaller Associations because of their limited resources.
- F26.10. All Associations, through their President, shall appoint or elect a Referee in Chief who is either a registered referee with HNS or retired referee previously registered with the Hockey Canada/HNS officiating system.

## REGULATION TWENTY-SEVEN - RELEASES AND TRANSFERS

- F27.1. A player desiring to move from a team in their geographical boundaries to another within HNS must first secure a release in writing from the association which she is a member. Such release shall be filed with the HNS Female Council. In the event of a team using a player not properly registered, HNS shall have the right to discipline the team as they see fit.
- F27.2. Even though a release has been obtained, the HNS Female Council shall have the right, in its discretion, to refuse the release from a team within HNS to another team within HNS.
- F27.3. Where the release of a player is required, it shall be effective only if signed by the President and registrar of the association of which the player is a member.
- F27.4. All releases are conditional, subject to Regulation F27.2, and shall be for no longer than one playing season. At the end of the playing season, the player shall return to their home Association. If the player who receives a transfer wishes to transfer in subsequent years, they must re-apply for new transfers each year.
- The request, along with the documentation as to why the request is being made, must be forwarded to the appropriate Regional Director. The Regional Director will discuss the request with the Conference Coordinator and the Chair of Female Council before a decision is made. This includes ensuring that the receiving Association has agreed to the transfer.

F27.5. In the Major U18 Female league all releases shall be unconditional, subject to Regulation 27.2, A player receiving a release shall have the right to remain with the new team or to return to their original team at the end of the playing season. No player receiving a release can be forced to return to their original team.

The request, along with the documentation as to why the request is being made, must be forwarded to Female Council. The Conference Coordinators will discuss the release request with the Chair of Female Council before a decision is made. This includes ensuring that the receiving team has agreed to the transfer.

A player that transfers to another team after being released must notify the league registrar of their intent to return to their regional team by April 12, otherwise they will remain with their current team.

F27.6. No request for a transfer shall be unreasonably withheld.

F27.7. Release procedure

1. Player to request release in writing from Association or club (Major U18 Female).
  - a. Regional Director to be copied.
2. Association or Club responds in writing to request.
  - a. Regional Director to be copied.
3. If the release is granted by the Association, then the player will be placed by HNSFC where the need is required.
  - a. Exception Major U18 Female - If the release is granted by the club, then the player will have the option to attend one of the other three clubs.
4. Releases are only for the current year of the release; the player must return to their home Association at the completion of that playing season.
  - a. Exception Major U18 Female - Once the player has been approved for release, they will remain with the new club team after the release should they make that team.